

# Instant Pot® Duo Plus

**9-in-1 Multi-Use Programmable Pressure Cooker with Advanced Microprocessor Technology, Stainless Steel Cooking Pot - 6 Quart**

*If you live a fast-paced, healthy, and eco-friendly lifestyle Instant Pot® is designed specifically for you.*

Instant Pot® is a smart **Electric Pressure Cooker** designed by Canadians with the objective of being *Convenient, Dependable and Safe*. It speeds up cooking by 2-6 times making it extremely energy-efficient, while, preserving nutrients and preparing healthy, tasty dishes.



## Convenient with Intelligent Programming



Instant Pot® Duo Plus 9-in-1 Multi-Cooker is the next evolution in the Duo Series, the number 1 selling product in the Instant Pot® Family. The Duo Plus kitchen appliance combines the functions of a Pressure Cooker, Slow Cooker, Rice/Porridge Cooker, Cake Maker, Yogurt Maker, Sauté/Searing, Steamer, Warmer and Sterilizer. Built with 15 smart programs - Soup/Broth, Meat/Stew, Bean/Chili, Cake, Egg, Slow Cook, Sauté/Searing, Rice, Multigrain, Porridge, Steam, Sterilize, Yogurt, Keep Warm, and Pressure Cook, your favorite dishes are as simple as pressing a button!

With the 'Sterilize' program one can pasteurize dairy products; sterilize baby bottles, jars, and utensils much more conveniently than ever before! The Cake Maker was designed to prepare soft and moist cakes and the Egg program, developed to prepare perfect eggs in just a few minutes.

The Plus is designed with a large, blue, more user-friendly LCD display with a new user interface to adjust the cooking settings, pressure levels, Keep Warm ON/OFF at any time during the cooking process. There are 4 new icons to enable one to easily view the status of the cooker, Heat, Pressure Cook, Keep Warm and Sound. The 'Heat' indicates heating or cooking in progress, 'Pressure Cook' indicates the pressure cook program is selected, 'Keep Warm' indicates if it is ON/OFF, and 'Sound' indicates if the sound is ON/OFF when selecting a program, cooking starts or is completed.

## Instant Pot® - Tools for a New Lifestyle

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Duo Plus, truly a smart multi-use kitchen appliance, each program remembers 3 sets of customizations in “Less”, “Normal”, and “More” settings on all cooking programs.

The microprocessor carefully runs lab-tested algorithms to control the time, cooking pressure and temperature to ensure consistent cooking results. Users can customize these settings with the operations keys to control pressure level, +/- to adjust cooking time and a cancel button, allowing one to achieve their preferred cooking results. For instance, the “meat/stew” key is programmed to prepare perfectly tender, thoroughly heated meat dishes; however, users can attain fall-off-the-bone results by increasing the cooking time with the “+” key.

The fully sealed environment traps the flavours, nutrients and aromas within the food instead of releasing them throughout the home. During pressure-cooking, heat is distributed evenly, deeply and quickly once pressure is built. In addition, minimal water is required for steaming so vitamins and minerals are not leached or dissolved. As a result, greens retain their bright colors and phytonutrients, meats and bones are thoroughly cooked yet tender, and whole grains and beans are soft and delicious, all with remarkable consistency.

Designed to cater to varying tastes and food conditions, the programs come with 3 adjustable settings, “Less”, “Normal” and “More” to achieve one’s desired results; 3 temperatures in ‘Sauté’ for searing, simmering or thickening for a maximum time of 30 minutes, and 3 temperatures in ‘Slow Cook’ to complete the tasks of a common slow cooker, and 3 temperatures in ‘Keep Warm’ to maintain food at different serving temperatures.

The 24-hour delay start feature allows users to postpone the start to have dinner ready when you are. Automatic ‘Keep Warm’ holds the temperature of the meal until you’re ready to serve. With the Plus, one can easily turn the ‘Keep Warm’ ON or OFF even after the program has started.

## **Dependable with Consistent Results**


Instant Pot® Duo Plus developed with the latest 3<sup>rd</sup> generation technology with an embedded microprocessor. During the cooking process, the microprocessor monitors the pressure and temperature, keeps time, and adjusts heating intensity and duration. Even the volume of food is taken into consideration. The cooking programs have been thoroughly tested for optimal results. These greatly improve cooking results and consistency of the dishes. Green peas, sweet corn and baby carrots can be steamed in 2 to 3 minutes, fresh or frozen. For mashed potatoes, there is no longer a need to boil in water for 50 minutes, steam them in Instant Pot® for only 15 minutes. A dish of chili or Irish stew can be prepared within an hour, without spending the time to carefully monitor the progress.

America’s most trusted brand continues to innovate to make it easy to Cook Healthy Food Fast!

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## Duo Plus Features

- ✓ **9-in-1 Multi-Use Programmable Pressure Cooker** - Pressure Cooker, Slow Cooker, Rice/Porridge Cooker, Cake Maker, Yogurt Maker, Sauté/Searing, Steamer, Warmer and Sterilizer
- ✓ **15 Smart Built-In Programs** - Soup/Broth, Meat/Stew, Bean/Chilli, Cake, Egg, Slow Cook, Sauté/Searing, Rice, Multigrain, Porridge, Steam, Sterilize, Yogurt, Keep Warm, and Pressure Cook
  - **New! Sterilize program**, ideal to pasteurize dairy products, sterilize baby bottles, jars, and utensils much more conveniently than ever before!
  - **New! Cake program**, designed to prepare soft and moist cakes
  - **New! Egg program**, created to prepare perfect eggs in just a few minutes
- ✓ **New!** User-friendly, large, blue LCD panel – displays the cooking settings and progress status
- ✓ **Dual pressure settings** - For fast and flexible cooking - Cooking with high pressure reduces cooking time by up to 70% and the low pressure avoids overcooking delicate food
- ✓ **New! Quick & Easy Program Adjustments** – Need to make an adjustment after cooking has started? The Duo Plus allows one to easily adjust settings even while cooking is in progress.
- ✓ **New! Smart** – each program remembers 3 sets of customizations in “Less”, “Normal”, and “More” settings on all cooking programs
- ✓ **Delay Start time** - Up to 24 hours
- ✓ **New! Sound ON/Off** – Select if the sound is ON/OFF, the status is displayed on the LCD display with the Sound ON/Off icon  ‘Sound’ indicates if it is ON/OFF when selecting a program, cooking starts or is completed
- ✓ **New! Pressure Cook** - function allows to pressure cook for up to 6 hours
- ✓ **Slow Cooker** - In addition to the (3) temperature settings, one has the flexibility to customize the cooking time between 0.5 - 20 hours for each temperature level
- ✓ **Sauté** – In addition to the (3) temperature settings; now, one can easily adjust the time to a maximum of 30-minute intervals. The 30-minute maximum is a safety precaution
- ✓ **New! Automatic Keep Warm** – Now, one can easily turn ON/OFF. The Keep warm time is displayed on the LCD panel along with the Keep Warm status icon (Keeps food warm

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- up to 24 hours). 🔥 Keep Warm has 3 temperature settings to maintain food at different serving temperatures
- ✓ **Energy efficient** - saves up to 70% of energy
  - ✓ **Stainless Steel Cooking Pot** – Healthy, food grade 304 (18/8) – no chemical coatings with clearer markings at 1/2 and 2/3 line to better guide one on max-fill levels for pressure-cooking. The inner pot is dishwasher safe
  - ✓ **Exterior** – Brushed stainless steel, finger print resistant with lid holder for left- and right-handed users, new large, blue LCD display makes it easier to see how the cooker is progressing. The stainless steel (18/8) lid is dishwasher safe
  - ✓ **Accessories included** - stainless steel (18/8) steam rack with handles to lower and lift food, condensation collector, rice paddle, soup spoon, and measuring cup
  - ✓ **Print Materials** - Manual (English, Spanish and French), Quick Reference Guide, and Recipe Booklet in English (includes cooking time tables)
  - ✓ **Heating Element** - 6 Quart cooker, 1000W heating element
  - ✓ **10 Safety Mechanisms** - UL and ULC certified
  - ✓ **Warranty** – 12 months



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## Safety without Compromise

Instant Pot® has been carefully designed to eliminate many common errors which may cause harm. It has passed stringent UL & ULC certification giving one uncompromised safety. Instant Pot® has been designed with **10 safety mechanisms and patented technologies.**



1. Pressure Regulator, ensures working pressure to be under the safety limit
2. Anti-Blockage Vent, prevents food debris from blocking the vent
3. Safety Lid Lock, prevents accidental opening of the cooker while it is pressurized
4. Designed with a sensor for lid position detection, monitors whether the lid is in an unsafe position for pressure-cooking
5. Automatic Temperature Control, regulates temperature based on the type of program being selected
6. High Temperature monitoring, avoids burning food
7. Automatic Pressure Controller, keeps pressure always in a safe range
8. Electrical current and temperature, fuse cuts off power if the current or internal temperature exceeds safety limits
9. Excess Pressure Protection, releases excess pressure into internal chamber in a dangerous situation
10. Smart detection of leaky lid (e.g. steam release is at open position)

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